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CHOOSING TO BE KIND

“Our Father is kind; you be kind. Don’t pick on people, jump on their failures, criticize their faults – unless, of course, you want the same treatment. Don’t condemn those who are down; that hardness can boomerang. Be easy on people; you’ll find life a lot easier.” Luke 6;36-37 (MSG)

Kindness is a choice. Sometimes, when we feel happy or generous, we find it easy to be kind. Other times, when we are discouraged or tired, we can scarcely summon the energy to utter a single kind word. But, God’s commandment is clear: He intends that we make the conscious choice to treat others with **kindness and respect**, no matter our circumstances, no matter our emotions.

In the busyness and confusion of daily life, it is easy to lose focus, and it is easy to become frustrated. We are imperfect human beings struggling to manage our lives as best we can, but we often fall short. When we are distracted or disappointed, **we may neglect to share a kind word or a kind deed.** This oversight hurts others, but it hurts us most of all.

Today, slow yourself down and be alert for people who need your smile, your kind words, or your helping hand. Make kindness a **centerpiece** of your dealings with others. They will be blessed, and you will be too. **AMEN**

When you extend hospitality to others, you’re not trying to impress people, you’re trying to reflect God to them. **AMEN**

~Max Lucado

“A kind man benefits himself, but a cruel man brings disaster on himself”. **AMEN.**

100 Daily Prayers - For My Family (pages 87-88)

“And Jesus came and spake unto them, saying, All power is given unto me in heaven and in earth. Go ye therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost: Teaching them to observe all things whatsoever I have commanded you: and, lo, I am with you always, even unto the end of the world. Amen.” Matthew 28:18 – 20

